

# Client Consultation

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: ( ) \_\_\_\_\_ Business Phone: ( ) \_\_\_\_\_

Cell Phone: ( ) \_\_\_\_\_ E-mail address: \_\_\_\_\_

Married: \_\_\_\_\_ Single: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Does your job require that you work outdoors? \_\_\_\_\_

Referred by: \_\_\_\_\_

What would you like to achieve from your treatment today? \_\_\_\_\_

## Your Skin Care

1. Have you ever had a facial treatment before? No Yes, when? \_\_\_\_\_

2. Have you ever had a body spa treatment before? No Yes, when? \_\_\_\_\_

Massage: No Yes

Salt glow: No Yes

Seaweed wrap: No Yes

Moor mud: No Yes

Body scrub: No Yes

Other: \_\_\_\_\_

3. Which of the following best describes your skin type? (Please circle one type number)

I	Creamy Complexion	Always burns easily, never tans
II	Light Complexion	Always burns, tans slightly
III	Light/Matte Complexion	Burns moderately, tans gradually
IV	Matte Complexion	Seldom burns, always tans well
V	Brown Complexion	Rarely burns, deep tan
VI	Black Complexion	Never burns, deeply pigmented

4. Do you have any special skin problems or concerns pertaining to your face or body?

\_\_\_\_\_

5. Have you ever had chemical peels, laser or microdermabrasion? No Yes In the last month? No Yes

6. Do you use Retin-A, Renova, Adapalene Hydroxyl Acid or Retinol/vitamin A derivative products? No Yes

7. Have you used any of these products in the last 3 months? No Yes

8. Have you used an acne medication? No Yes, when? \_\_\_\_\_ Which drug? \_\_\_\_\_

9. What skin care products are you currently using? (List brand where known)

Soap \_\_\_\_\_ Shower Gels \_\_\_\_\_

Toner \_\_\_\_\_ Body Lotions \_\_\_\_\_

Mask \_\_\_\_\_ Sunscreen \_\_\_\_\_

Eye Product \_\_\_\_\_ SPF \_\_\_\_\_

Cleanser \_\_\_\_\_ Night Moisturizer/Cream \_\_\_\_\_

Day Moisturizer \_\_\_\_\_ Other \_\_\_\_\_

Exfoliator \_\_\_\_\_ Makeup Products \_\_\_\_\_

Scrubs \_\_\_\_\_

10. Have you recently used any self-tanning lotions, creams or treatments?

No Yes, specify: \_\_\_\_\_

11. Have you used any of the following hair removal methods in the past six weeks?

No Yes, circle all that apply.

Shaving Waxing Electrolysis Plucking Tweezing Stringing Depilatories

12. What areas of concern do you have regarding your:

**Skin:** (Please check any that apply and explain)

- Breakouts/acne
- Blackheads/whiteheads
- Excessive oil/shine
- Rosacea
- Broken capillaries
- Redness/ruddiness
- Sun spot/liver spot/brown spot
- Uneven skin tone
- Sun damage
- Wrinkles/fine lines
- Dull/dry skin
- Flaky skin
- Dehydrated
- Other \_\_\_\_\_

**Eyes:**

dehydrated      wrinkles      puffiness      dark circles      other: \_\_\_\_\_

**Lips:**

dehydrated      cracked/chapped lips      other: \_\_\_\_\_

13. Have you ever had an allergic reaction to any of the following? (Please check any that apply and explain)

- Cosmetics
- Medicine
- Food
- Animals
- Sunscreens
- Iodine
- Pollen
- AHAs
- Fragrance
- Shellfish
- Latex
- Drugs
- Other: \_\_\_\_\_

If yes, please explain: \_\_\_\_\_

14. What SPF do you use on your face? \_\_\_\_\_ How often/when? \_\_\_\_\_

15. What SPF do you use on your body? \_\_\_\_\_ How often/when? \_\_\_\_\_

16. Have you had any recent tanning bed or sun exposure that changed the color of your skin? No Yes specify: \_\_\_\_\_

17. Have you ever had Botox, Restylane, Juviderm, or other fillers injected? No Yes specify: \_\_\_\_\_

**Female Clients Only:**

18. Are you taking oral contraceptives? No Yes specify: \_\_\_\_\_

19. Any recent changes to or from your contraceptive treatment? No Yes

If so, what and when: \_\_\_\_\_

20. Are you pregnant or trying to become pregnant? No Yes

21. Are you lactating? No Yes

22. Any menopause problems? No Yes

Specify: \_\_\_\_\_

23. Are you undergoing any hormone replacement therapy? No Yes

**Male Clients Only:**

18. What is your current shaving system? Wet shave Electric

19. Do you experience irritation from shaving? No Yes Ingrown hairs? No Yes

Please use this space to complete answers where space was insufficient. (Please include the number of the question)

---

---

---

**Future Appointments/Contact:**

May I call you at your home, work or cell phone number to confirm future appointments? No Yes

May I contact you via mail/email about future promotions and news? No Yes

I understand, have read and completed this questionnaire truthfully; I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I understand that withholding information or providing misinformation may result in contraindications and/or irritation to the skin from treatments received. The treatments I receive here are voluntary and I release this institution and/or skin care professional from liability and assume full responsibility thereof.

Client signature: \_\_\_\_\_ Date: \_\_\_\_\_